





Contents Carpe Diem

- Page 3,4-MUN
- Page 5-Basketball Interhouse
- Page 6-Football Interhouse
- Page 7-Racial Harmony Day
- Page 8-Friendship Day
- Page 9-Science Week
- Page 10, 11-The Economics of Emotional Spending
- Page 12- House points



MUN

After nearly a month of being away from school, students returned to school on 30th june with a bang,

After nearly a month of being away from school, students returned to school on 30th june with a bang, dressed in suits, dresses and formal clothing alike. Anticipation in the air, many delegates reached quite early as a way to show their eagerness and enthusiasm for the high-powered discussions they were looking forward to for the next 2 days.

The Model United Nations Conference was officially declared open at the opening ceremony in the morning by Ms. Sonali, the school's Vice Principal who expressed that she was looking forward to fruitful discussions and us learning more about the real world around us, complete with introductions of each of the councils, and their topics, which were introduced by Ms. Kasturi, the main organizer of the event. The Councils and their topics were:

United Nations Security Council

Topic: Preventing the Escalation of Regional Conflicts into Global Warfare: A Comprehensive Approach to Crisis Hotspots in Gaza, Ukraine, and the Taiwan Strait

Food and Agriculture Organization

Topic: Ensuring Female Food Security in Regions Affected by Climate Change



United Nations Environment Programme

Topic: How can the international community address the growing challenge of climate refugees and environmental displacement, ensuring both protection for the displaced and sustainable support from host nations?

World Health Organisation

Topic: How should the international community regulate human genome editing to advance scientific progress while upholding ethical standards and human rights?

United Nations Women

Topic: Should the manosphere be banned? Developing strategies to combat the spread of manosphere ideologies and online misogyny among youth

United Nations Educational, Scientific and Cultural Organization

Topic: Regulating AI in education to prevent inequality and cultural bias

Office of the United Nations High Commissioner for Human Rights

Topic: Human rights of Migrant workers, eg: Qatar and Saudi Arabia. (Area of emphasis (sub topic): Addressing the Kafala system a.k.a Sponsorship Law).

Delegates dispersed in high spirits, determined to make an impact that would last.



I had the pleasure of attending the DPSMUN 2025. As a first-time MUN experience, I was allocated the position of Delegate of Japan in UNESCO alongside my partner Sasha Shisode. This experience made me feel both anxious and excited. The idea of speaking up in such a formal setting made me really nervous, and I kept overthinking whether I was saying the right things. Although I had prepared and studied everything, I was still unclear about how a committee of the MUN worked, but thankfully under the guidance of the chairs of UNESCO I was able to get the hang of the procedures. Most of all, I'm really thankful to my partner Sasha, who guided me throughout the entire event. Im really grateful that we, the delegates of Japan, were awarded Best Delegation, it was such a rewarding way to end what was an incredible first-time MUN experience.

-Navya-10IC



UNSC



Serving as the Head Chair of the UNESCO committee at DPS MUN 2025 was both an honour and a challenge that reshaped my perspective. Stepping away from the delegate's role, I experienced the responsibility of guiding debates, ensuring fairness, and encouraging every participant to contribute. It taught me that leadership is not only about making decisions but also about listening, balancing differing views, and creating space for meaningful dialogue.

This role helped me appreciate the effort and diplomacy required to keep discussions constructive, while also showing me how rewarding it is to see delegates grow in confidence. I am deeply grateful to my teachers for entrusting me with this opportunity—their support made this experience possible. It has left me with a broader outlook on leadership, collaboration, and the true spirit of Model United Nations.

-Anusha-12ISC



BASKETBALL INTERHOUSE



Basketball interhouse was a beautiful experience and win for me. From a captain's perspective, the teamwork amongst my fellow members and the coordination displayed on and off the court was magical. Winning this game felt like an amazing achievement. Walking on this court for the last time felt euphoric and I have never been more proud of my team for this wonderful win and the awesome memories attached to it.

I can't even begin to describe what an experience it was. The interhouse basketball competition was where we could all showcase our skills in our sport and compete with each other. Everyone played with their eyes on the prize and never let down their guard till the very last second. All the teams showed immense sportsmanship and I'm truly grateful to play against such great competitors. Running across the court for 30 minutes ip blazing sunlight was totally worth it!)

The Senior Basketball Interhouse Tournament, held on 25th July 2025, was an exhilarating showcase of skill, teamwork, and sportsmanship. Spring House emerged victorious, but every house impressed us with their unique strategies, patience, and cooperative spirit. Conducting eight back-to-back matches in a single day was both challenging and rewarding, but went smoothly by the dedication of the team players and my fellow council members. The presence of alumni as referees elevated the atmosphere, adding experience and enthusiasm to the court. From the thrill of each basket to the fierce yet fair defensive plays, the matches kept the audience engaged throughout. It was truly a memorable day, marked by camaraderie, competition, and the shared passion for the game.

Avneet Kaur-12 ISC

Playing basketball in the interhouse was an exciting and unforgettable experience. I felt a mix of nerves and adrenaline as I stepped onto the court, ready to give it my all for my team. The competition was tough, teamwork but our determination pushed us through. Everyone was supportive and played exceptionally well. It was a proud moment to represent my house and grow both as a player and a teammate, while making memories that will last me a lifetime.

The long-awaited basketball interhouse was everything we hoped for intense, joyful, and full of heart. It wasn't just about winning matches; it was about playing as one, lifting each other up, and celebrating the bond we've built as a team. From the fierce determination of our seniors to the incredible spirit of our junior players, every moment on the court reflected our hard work

and unity. Standout performances by Amritha, Manaswi, and Aadyasri inspired us all, while the leadership and constant encouragement of our house captain Ananya Jain and co-captain Varshini kept our spirits high throughout. A special thanks to our vice captain Arjun, whose tireless effort in training and guiding the team made a huge difference. Finishing second brought a mix of pride and hunger — proud of how far we've come, and motivated to come back even stronger. More than anything, we walked away with memories, growth, and the unshakable joy of playing for each other.





FOOTBALL INTERNALE



The Football Interhouse competition at DPSIS provided an unforgettable experience through its thrilling moments alongside teamwork and intense competition. The tournament started with a powerful energy on the field as every house sent their top players to fight for victory. The adrenaline surged through me with every tackle and pass and goal because each play had the potential to change the outcome for my team. The game served as a platform to showcase my house pride while challenging my mental and physical limits.

The real magic of the event stemmed from the strong team bonding we developed while maintaining school spirit and unity. The Interhouse tournament taught me through its wins and losses that sports unite people while providing essential lessons in leadership and respect. Securing the title after multiple years felt incredible and these memories will stay permanently in my heart forever.

First and foremost, I'm incredibly proud of my team for the sheer dominance we've shown across all sports throughout the year.

It brings me immense joy to share that we have successfully defended our basketball title and reclaimed the football trophy after two long years.

Our team has consistently displayed exceptional sportsmanship, unity, and determination, remaining undefeated in both interhouse tournaments.

A special thanks goes to the Sports Council for their outstanding effort in organizing and executing the entire event seamlessly within a single day.





RACIAL HARMONY DAY

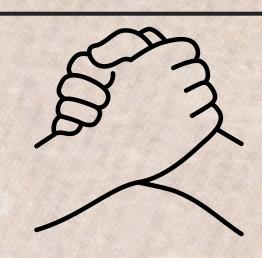


Under the direction of Rupali Maam, 9ICSE students arranged a lively assembly to commemorate the happy occasion and highlight the value of Singapore's multicultural community. Here are a few words from the students themselves!





FRIENDSHIP DAY



Under the direction of Rupali Maam, 9ICSE students arranged a lively assembly to commemorate the happy occasion and highlight the value of Singapore's multicultural community. Here are a few words from the students themselves!





Year 8IG joyfully delved into the theme of friendship, celebrating this cherished bond on 28/July/2025. Through a fresh perspective, the assembly highlighted the touching story of Lord Krishna and his dear friend Sudhama, a timeless example of loyalty and genuine companionship.

True friendship knows no limits, it rises above time and circumstance, as shown in the legendary bond between Krishna and Sudhama which was beautifully enacted by Unnati Nair and Anay Singh.

The wonderful assembly concluded on a graceful note with the soothing melody of the piano which was played by Saranya Majumadar. This memorable event would not have been possible without the constant guidance and support of our class teachers, Rajni Ma'am and Shilpa Ma'am.

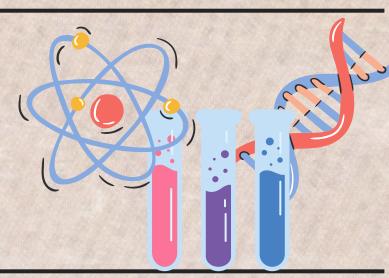








SCIENCE WEEK







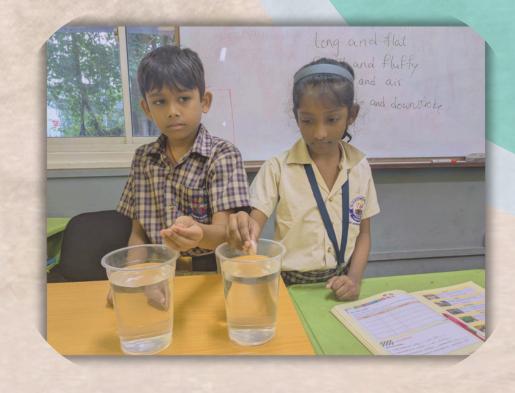


During science week, the students of 9IGA conducted an escape room for students to test their knowledge in science as they escape the abandoned hostel that once used by warlocks.

several challenges, which were divided into the three sciences- physics, biology and chemistry, were encountered and students were expected to solve each one to escape.

teachers and students who played thoroughly enjoyed the challenges conducted. students who played were also able to learn certain aspects of the subject from their peers during this. 9IGA is looking forward to more activities like this in the coming future and will put in our determined hearts to let other students and the teachers enjoy it

-Evana (9iga)









CAN MONEY REALLY & BUY HAPPINESS?



THE ECONOMICS OF EMOTIONAL SPENDING BY THE ENTREPRENEURSHIP & FINANCE COUNCIL

Ever tapped your card without thinking after a long day?

Whether it's picking up a snack from 7-Eleven even though you weren't hungry, or browsing online sales late at night, most of us have spent money here and there to feel a little better.

It might feel like a small decision, but behind those choices are powerful psychological patterns. Emotional spending isn't just about poor self-control, it's also rooted in how our brains respond to stress, uncertainty, and mood.

What Is Emotional Spending?

Emotional spending happens when purchases are driven by feelings rather than actual needs. It's often triggered by stress, boredom, frustration, or even tiredness, and it gives a short-term sense of relief or reward, providing you with immediate gratification, the instance where you take a small reward today in exchange for a potentially bigger reward tomorrow

Think: getting a Grab ride home instead of taking the MRT after a long day, buying snacks during study breaks that turn into a habit, or ordering something online just to break the monotony.

These choices aren't always wrong, in fact, in moderation we could say they're normal. But if they become patterns, they can impact how we save, spend, and make financial decisions in the long term.

Why We Spend Money When We're Sad

When we're feeling bad, our brains want things that make us feel better immediately. You might be saving money for something important, but then see bubble tea and think "I need this now." Your brain picks feeling good today over saving for tomorrow. This showcases the concept of present bias.

We also try to make ourselves feel better by buying things. Failed a test? Let's go shopping. It's like our brain thinks spending money will fix the bad feeling.

The concept of diminishing marginal utility also plays an important role in emotional spending. Diminishing Marginal utility suggests that the satisfaction gained from each aadditional unit consumed decreases. Say for example, candy - the first piece tastes great, but by the fourth piece it's just okay.

And sales are really dangerous when you're upset. See something that used to cost \$30 now costs \$12? Your brain thinks "Great deal!" even if you don't actually need it.



CANMONEY REALLY BUY HAPPINESS?

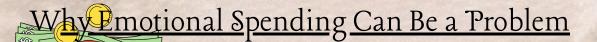
What People Say:

"During exam week, I spent \$30 on snacks. I kept thinking I deserved it, but it really added up."

"Ordered dessert at 3 AM after a stressful night. Did it help? Maybe for ten minutes."

"Late-night online shopping when I'm avoiding homework. Bought so much stuff I forgot about most of it."

Sound familiar? Emotional spending sneaks up on us when we're not thinking clearly.



Emotional spending isn't always bad, A small treat after a long rough day can lift your mood ,give you a break and make life feel brighter.

Here's the catch-

Emotional spending adds up fast, 5-7 dollars every day after school on drinks becomes 50 dollars a month and adds up to 500 dollars a year, enough for a phone upgrade

Delays bigger goals- You might be saving up for something big, a concert, a long vacation or some new games to buy for summer, small impulse buys slowly but surely push these goals away

These habits can become coping habits and our brain starts relating buying things with feeling bad becoming an unhealthy way to deal with stress

Think of it like sugar, once in a while, it's harmless and even enjoyable. But if you have it every time you're stressed, you're not just spending money you're building a pattern that's hard (and expensive) to break.

Smart Ways to handle Emotional spending-

Good news, you don't have to lay off all purchases, the goal isn't removing all fun purchases its controlling them. Here are a few student friendly strategies-

5 day role-before making any expensive non essential purchase wait for 5 days, if you still want it then you probably actually want it Keep a quick note in your phone of what you bought and why. Spotting your own patterns makes it easier to change them.

Set a weekly budget for non essential fun buys and make sure to not exceed it

Small changes like these keep the joy of little treats without letting your emotions run your wallet.

The Bottom Line

So... can money really buy happiness?

The short answer is yes, but only in the right ways. Spending on experiences that create memories, investing in personal growth, or treating yourself occasionally can genuinely improve your mood and quality of life. But when spending becomes a reflex to cope with stress or boredom, the happiness it buys is fleeting and can come at the cost of your bigger dreams.

Money is a tool, not a magic wand. It can't fix every bad day or solve every problem, but it can help you build the kind of life you want, if you use it intentionally. The next time you're about to tap your card out of habit, pause and ask:

"Am I buying this because I want it... or because I want to feel better right now?"

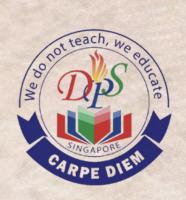
If it's the second one, maybe wait a bit, take a walk, or call a friend instead. Your wallet, and your future self, will thank you.











HOUSE POINTS

